

First Statewide Paranormal Tourism Program in U.S.

With the continued rise of ghost hunting in pop culture, New York State's DMOs collaborated to market their historical offerings, hotels, restaurants, parks and attractions – while also offering the excitement of exploring the ghosts within. The only statewide paranormal tourism program in the U.S. is a collection of 80+ locations. The trail appeals to paranormal investigative teams as well as the ghost-curious leisure traveler, with some travelers experiencing as many haunted places as possible and others incorporating a paranormal visit into their larger travel plans.

Haunted Overnights

Check in to one of the trail's haunted hotels or bed & breakfast stops and mingle with a guest who may not have checked out. A ghostly figure may show you to your room, shake you from your sleep, or follow you down the hall. Doors slam on their own and the sound of footsteps haunt your dreams. The Trail even offers ghostly getaway packages at several spooky stops for the solo traveler or for ghost-hunting groups. Spend the night, if you dare.

Ghostly Dinners

Restaurants along the trail serve up more than just delicious food. Save an extra seat for an unexpected dinner guest and prepare for a meal you'll never forget. Listen to eerie stories from local patrons and staff who have seen and experienced the supernatural firsthand. Over a dozen unique dining experiences await with a haunted twist, from exquisite fine dining to an Irish pub that boasts poltergeist-like activity from its restless spirits.

Haunted Investigations

Either in a group or on your own, search for evidence like the experts and see what supernatural existences you can uncover. For those who have heard enough ghost stories and are ready to seek out the spirits themselves, multiple trail locations welcome paranormal investigations, teach ghost hunting, or encourage you to bring your own equipment.

Guided Tours

Tour numerous locations and learn about previous occurrences of paranormal activity. Guided by experienced staff, gain a behind-the-scenes look as you hear stories of ghostly apparitions and tragic deaths. If the haunted history of these locations doesn't make the hair on the back of your neck stand up, experiencing new sightings certainly will.

Unexplainable Phenomena

Dive into the world of the creepy and unexplained. Visit a park that is said to contain a vortex, transporting you to another area of the woods entirely. Experience things firsthand that you

have to see to believe, like a woman in white floating behind her mausoleum, faces in the water on an underground boat tour, and a strange rapping sound said to belong to a murdered soul.

Waterside Haunts

On the trail, the water is plentiful, and the ghosts are even more so. Thieves and murderers lurked along the Erie Canal in the 19^{th} century, so it's no wonder many believe the victim's spirits may still roam the towpath in search of justice. Journey along the canal even further and hear some of the most popular ghost stories at haunted museums and a general store with unusual happenings. Sip "spirited" wines on the banks of the Finger Lakes (named for their very own ghost) or explore an amusement park in the dead of night, located on the beach of Oneida Lake.

Wartime Ghosts

Military fortresses were the scene for numerous battles, terrible diseases, and harsh conditions. It's no surprise that these sites offer hundreds of years of history and a plethora of ghost stories. View extensive collections of military artifacts, take candle lit guided ghost tours, and learn of the real-life battles that took place. Visit these historic sites and prepare to salute soldiers from the past.

As Seen on TV

Explore the locations that have been featured on TV. Numerous stops along the trail have been visited by television crews, including "Ghost Lab," "Ghost Adventures," "Paranormal Challenge," and "Ghost Hunters." These popular shows have witnessed ghostly shadows and stomping, sighting and apparitions, and captured electronic voice phenomenon (EVPs) of speaking and screaming spirits.

Spirits & Spirits

These haunted locations will please any libation lover. Wet your whistle as you listen to ghostly tales of former residents, slamming doors and footsteps. Enjoy a glass of wine at Marjim Manor or Grapevine Farms, as you hear the tales of strange happenings they've experienced or grab a pint at a pub where glasses fly off the bar, pictures drop off the wall and patrons feel subtle touches.

Familiar Ghosts

Some stops along the trail are home to familiar spirits, famous for their antics and behaviors. A man with a lantern is recognized as an old groundskeeper keeping an eye on his inn. A child wanders the halls of an old abandoned asylum. Several spirits even go by their names! Meet Karen and Raymond (don't call him Ray!), the chatty duo who enjoys visiting guests at the Allegiance Bed & Breakfast. Or stay in The Naples Hotel and meet at least six friendly spirits, including a gentleman named Topper. A few of our stops even come with ghosts of the four-legged variety.

Impressive Architecture

Walk through the castles, mansions and elaborate buildings in which spirits take up residence. If the paranormal activity at these locations doesn't mesmerize you, the

architectural features certainly will. Admire the style and design of art-deco theatres, Victorian party houses and a neoclassical country house.

Events and Festivals

Explore the trail and attend year-round events and festivals dedicated to the supernatural world: from fun and friendly celebrations for paranormal-curious individuals, to intense and investigative events for the serious ghost hunters. Dive into experiences like the Headless Horseman Haunted Hayrides, Psychic Sundays, Lily Dale Assembly or our walking ghost tours.

Year-Round Visits

Ghostly figures and friendly spirits do not appear only during the Halloween season - the trail experiences haunted happenings 365 days a year. With over 80 locations, visitors can easily develop a full schedule of paranormal tourism activities any time of the year. Tour locations during the off-season for a less crowded, more in-depth look at the connections between the paranormal happenings and historical past of New York State.

Beyond Spirits

Come for the paranormal and round out your experience with everything else that New York State has to offer. Just minutes from trail locations, you'll find educational museums, world-renowned cultural and performing arts institutions, and state parks that showcase the scenic beauty of the Empire State. Dine at award-winning restaurants, relax in comfortable accommodations, and choose your fun from a full calendar of festivals and events.

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